

U.S. News & World Report Names Eleven Avalon Health Care Facilities Among Best in California, Hawaii, Oregon, Utah, and Washington

Salt Lake City, UT – November 21, 2022 – Eleven skilled-nursing facilities operated by Avalon Health Care have been recognized as one of the "Best Nursing Homes for 2022-2023" by U.S. News & World Report.

The annual <u>Best Nursing Homes</u> ratings, now in their 13th year, assist prospective residents and their families in making informed decisions in consultation with their medical professionals about where to receive short-term or long-term nursing home care. Only 16% of U.S skilled-nursing facilities earned the "Best Nursing Home" designation this year.

The following care centers received the rating of "High-Performing" in Short-Term Rehabilitation, Long-Term Care, or both categories:

- Avalon Care Center Federal Way Federal Way, WA
- Avalon Care Center at Northpointe Spokane, WA
- Avalon Health & Rehabilitation Center Pasco Pasco, WA
- Avalon Health Care Madera Madera, CA
- George E. Wahlen Ogden Veterans Home Ogden, UT
- Green Valley Rehabilitation Health Center Eugene, OR
- Hale Nani Rehabilitation and Nursing Center Honolulu, HI
- Pioneer Care Center Brigham City, UT
- Richfield Rehabilitation and Care Center Richfield, UT
- Southern Utah Veterans Home Ivins, UT
- William E. Christoffersen Salt Lake Veterans Home Salt Lake City, UT

"Achieving exceptional quality care is impressive anytime and especially during these times," said Kathy Owens, Senior Vice President of Clinical Services at Avalon Health Care Group. "We are extremely proud of these centers. They model the vision we have for all Avalon communities."

For 2022-2023, U. S. News rated more than 15,000 nursing homes on care, safety, infection rates, staffing, and health inspections. For the first time, the Best Nursing Homes ratings feature a new measure on weekend staffing and another new measure on infection rates that led to hospitalizations.

"Choosing the right nursing home based on care needs and comfort is a critical decision for prospective residents and their families," said Zach Adams, health data engineer at U.S. News. "The Best Nursing Homes ratings highlight nursing homes that excel in short-term rehabilitation and long-term care needs."

The Best Nursing Homes methodology factors data such as resident care, safety, and outcomes. To calculate the Best Nursing Homes ratings, U.S. News evaluated each nursing home's performance using a variety of data obtained from the Centers for Medicare & Medicaid Services (CMS). Both short- and long-term ratings include data on consistency of registered nurse staffing, use of antipsychotic drugs, and success in preventing ER and hospital visits. The long-term care rating also includes measures of whether a home changed ownership and how well they were staffed on weekends. The short-term rehabilitation rating also includes measures of a home's success in preventing falls, preventing serious infections, and making sure residents are able to return homes.

For more information, visit https://health.usnews.com/best-nursing-homes and use #BestNursingHomes on <u>Facebook</u> and <u>Twitter</u>.

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About Avalon Health Care Group

Avalon Health Care is a premier provider of post-acute care and rehabilitation. Our network of over 50 care centers in six states includes skilled nursing and rehabilitation centers, memory care, and senior living facilities. Avalon's 30-year care legacy is based on personal integrity and commitment to provide compassionate, responsible, quality services to the communities we serve. We strive to provide industry-leading care in a patient-centered environment. To learn more about Avalon Health Care, visit www.avalonhealthcare.com

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